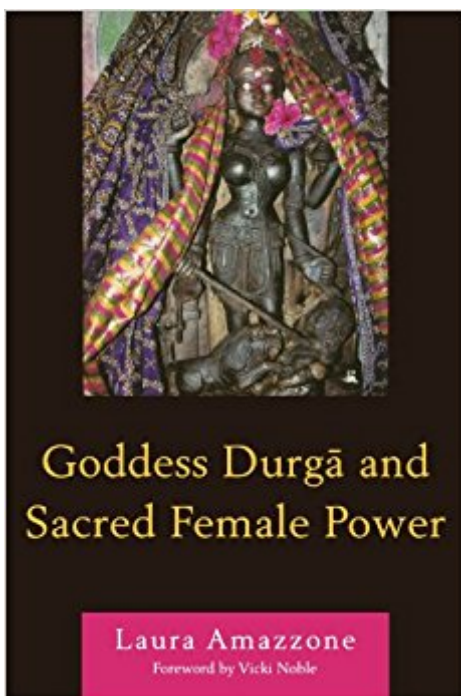


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# Goddess Durga And Sacred Female Power



## Synopsis

Goddess Durga and Sacred Female Power is an exploration of the many faces of the Goddess Durga in ancient and contemporary culture. This book takes us on a pilgrimage to goddess temples and natural shrines, to visit shamans and living goddesses in the Kathmandu Valley of Nepal, and to India for the annual ten-day Durga Festival. The mythology, rituals, philosophy, and spiritual practices of this distinctly female-centered and millennia-old tradition of Durga offer an alternative model of female potential and empowerment, focusing on peace, healing, spiritual liberation, and realization of inherent divinity.

## Book Information

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## Customer Reviews

Amazzone's powerful narrative of her personal experience backed by extensive field and library research is a must read for anyone interested in the relationships between the divine female, women's spirituality, and women's empowerment. It is a splendid example of feminist writing in which the author is deeply engaged in her own journey. Hers was a pilgrimage to the source, and of personal renewal and redemption promising hope for the return of the goddess in Western consciousness. (Elinor Gadon, PhD., Author of *The Once and Future Goddess*, religious studies professor at Brandeis University) Amazzone's voice is strong and clear. Goddess Durga promises the transformation, empowerment, and dignity that is our birthright. (Marisa Tomei, Academy Award-winning actor) Scholarly and fierce, the work of Laura Amazzone draws from our ancient strength. The time for this wisdom is now. (Alice Walker, poet; activist; author of *The Color Purple*) Laura Amazzone is a modern day yogini. She is a scholar as well as a practitioner and her

new book Goddess Durga and Sacred Female Power embodies this duality....True to feminine form, Goddess Durga and Sacred Female Power is a balanced read, utilizing the logical brain and the intuitive heart. The book itself is in a non-linear layout, meaning it does not need to be experienced from start to finish- it is cyclical and can be picked up, flipped through and enjoyed from any angle. (Common Ground)

Laura Amazzone is an author, teacher, jewelry artist, and Yogini. She completed her master's degree in philosophy and religion with an emphasis in women's spirituality at the California Institute of Integral Studies in 2001. Laura teaches goddess classes and workshops in California and is adjunct faculty in the Yoga Philosophy program at Loyola Marymount University in Los Angeles.

Fabulous book on Durga. Well worth the price. I thoroughly enjoyed this book and the intensity of the author. Highly recommended for anyone on a spiritual journey and interested in the divine feminine.

I love it! I can tell a lot of research went into creating this book--it flows from the past to modern day smoothly. It is really helping me discover my true self.

Goddess Durga and Sacred Female Power is a gift to be deeply savored as it combines profoundly personal experiences with much needed, paradigm shifting scholarly research. Amazzone guides her readers on a vibrant journey to meet Durga and Her many forms, introducing us to powerful Goddesses who in turn introduce us to powerful, often unknown parts of ourselves. I highly recommend this book for all persons interested in spirituality, religion, feminism and really, everything thing in between, as well as for those desiring a deeper relationship between Self and Goddess.

An amazing book, I loved reading it and learning about Durga and her forms and all the different parts of Tantric.

O livro mescla com muita profundidade e leveza a abordagem analítica e a experiência pessoal da autora. É uma explanação clara e delicada de Durga e do festival que a celebra anualmente. The book unites with plenty of depth and lightness the analytical approach and the personal experience of the author. It is a clear explanation and delicate and Durga festival that

celebrates annually

Laura ne takes the understanding of the Divine Feminine to the next level! I couldnt put the book down and it is highlighted all over! Phenomenal. If you are a devotee, or if Shakti, Durga, Kali, Lakshmi, Saraswati ever speak to you.. you need this book!

Best of the best

Laura shares in a way that pulls you in to experience the Durga energy. Especially grateful for her honest insights on the sacrifices of animals and her questioning of the need for this in these times. Highly suggest checking this book out!

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